

# Long Term Planning

## Curriculum Area: P.E.

Stanton St Quintin  
Primary School & Nursery



	Autumn Term	Spring Term	Summer Term			
EYFS	Forest School runs weekly through each term Additional Fundamental PE skills may be added to teaching schedule depending on needs of the cohort					
Cycle A	Fine Motor Skills	Dance -Toys	Gymnastics -Parts High, Parts Low	Yoga	Target Games 1	Athletics 1/ Balance Bikes
	Fundamental Movement Skills	Dance - Seasons	Gymnastics- travelling, stopping, making shapes	Yoga	Locomotion 1	Athletics 1/ Balance Bikes
Cycle B						
KS1 Cycle A	Fundamental Movement skills 2  Dance – Fire of London	Gymnastics- Balancing & Spinning on Points and Patches  Invasion Games 1	Striking and Fielding Games 1  Athletics 2			
KS1 Cycle B	Fundamental Movement skills 3  Dance – Dance Minibeasts	Gymnastics – Pathways Long and Pathways Small Invasion Games 2	Striking and Fielding Games 2  Athletics 2			
KS2 Cycle A	Lacrosse  Dance - Egyptians	Swimming  Gymnastics- Linking Movements together	Cricket Athletics			
KS2 Cycle B	Lacrosse  Dance – World War 2	Swimming  Gymnastics-Receiving Body Weight	Rounders  Athletics			
KS2 Cycle C	Lacrosse  Dance – Samba/Vikings	Swimming  Gymnastics – Arching and Bridging	Cricket  Athletics			
KS2 Cycle D	Lacrosse  Dance – The Victorians	Swimming  Gymnastics Partner- Work Under and Over	Rounders  Athletics			

KS2 OAA is to be delivered via annual residential After school clubs to deliver a wider range of sporting activity such as football, netball, gymnastics, hockey, tag rugby dance, tennis, fencing and golf, as well as cricket, lacrosse with a combination of specialist coaches and SSQ teaching staff.

*motivate, educate, nurture*